

I AM FREE

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Email: TJChadd@gmail.com		Website: www.dancingchadds.com
Music: "Free"		Artist: Faith Hill
CD/Music Source: Cry / single download from Amazon.com		
Rhythm: Cha Cha Cha	Phase: IV + 0 + 1 [Ronde Cha Box]	Degree of Difficulty: Above Average
Original Length of Music: 4:38	Music Modifications: 1. Cut music at 3:15.5 then fade from 3:06 to new end 2. Slow tempo by 4% or to 43rpm <i>(Or send your purchased music to us and we'll be happy to edit and send it back.)</i>	
Release Date: October 2018		
Sequence: Intro ABC Int A ⁽⁹⁻¹⁶⁾ B C ^{mod} D C End <i>Optional cues noted in []</i>		Footwork: Opposite for Lady unless otherwise noted in ()

INTRODUCTION (8 Measures)

		BFLY WALL / Lead ft are free / Wait 2 meas
1-8		WAIT; WAIT; SHLDR TO SHDLR WITH TAPS 2X;; NY; HND TO HND; NY; HND TO HND LADY OUTSD ROLL;
	1-2	{Wait; Wait} In BFLY Man fcg WALL and Lady fcg Man with lead ft free – Wait 2 meas.
	3-4	{Shldr to Shldr with Taps 2X} In BFLY Fwd L to BFLY SCAR and quick tap R behind (Lady quick tap L in front), rec R to fc, sd L/cl R, sd L; fwd R to BFLY BJO and quick tap L behind (Lady quick tap R in front), rec L to fc, sd R/cl L, sd R;
	5	{NY} Swiveling on R ft bring L ft thru with straight leg to a sd by sd position fcg RLOD, rec R swiveling to fc ptr, sd L/cl R, sd L BFLY WALL;
	6	{Hnd to Hnd} Swiveling sharply ¼ on weighted L ft step bk R to LOP RLOD , rec L trning ¼ to fc ptr BFLY, sd R/cl L, sd R;
	7	{NY} Repeat Introduction Meas 5
	8	{Hnd to Hnd Lady Outsd Roll} Swiveling sharply ¼ on weighted L ft step bk R to LOP RLOD , rec L trning ¼ to fc ptr to momentary BFLY, sd R/cl L, sd R BFLY; (Swiveling sharply ¼ on weighted R ft step bk L to LOP RLOD, rec R trning ¼ to fc ptr to momentary BFLY, start a RF roll L progressing to RLOD/continue RF roll R, finish RF roll L BFLY;)

PART A (16 Measures)

1-8		SHLDR TO SHLDR; AIDA; SWITCH CROSS; TO RLOD CRAB WK ENDING; REV UNDERARM TRN; CRAB WKS [LOD];; FNC LN;
	1	{Shldr to Shldr} In BFLY Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L;
	2	{Aida} In BFLY WALL Thru R trning RF, sd L cont RF trn, bk R/lk L in front of R, bk R to bk to bk "V";
	3	{Switch Cross} Trning LF to fc ptr sd L cking bringing joined hnds thru, rec R, XLIF trning LF to fc ptr/sd R, XLIF;
	4	{To RLOD Crab Wk Ending} In BFLY traveling RLOD Sd R, XLIF, sd R/cl L, sd R;
	5	{Rev Underarm Trn} From BFLY WALL XLIF, rec R, sd L/cl R, sd L; (Swiveling ¼ LF on ball of L ft fwd R trning ½ LF, rec L trning ¼ LF to fc ptr, sd R/cl L, sd R;)
	6-7	{Crab Wks [LOD]} Twd LOD XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;
	8	{ Fnc Ln} From BFLY WALL Cross lunge thru R with bent knee looking LOD, rec L trning to fc ptr, sd R/cl L, sd R;
9-16		½ BASIC; SPOT TRN MAN TRANSITION [4] TCH R HNDS; [R FT] OPPOSITION BRK WITH ARMS TWICE TRNING TO L HND STAR; SOLO RONDE CHA BOX;; BOTH BK BASIC; SPOT TRN MAN TRANSITION [4] BFLY;
	9	{½ Basic} In BFLY WALL Fwd L, rec R, sd L/cl R, sd L;

10	{Spot Trn Man Transition Tch R Hnds [fcg WALL]} Swiveling ¼ LF on ball of L ft fwd R trning ½ LF, rec L trning ¼ LF to fc ptr, sd R, rec L and momentarily tch R hnds; (Swiveling ¼ RF on ball of R ft step fwd L trning ½ RF, rec R trning ¼ RF to fc ptr, sd L/cl R, sd L and momentarily tch R hnds;)
11-12	{[R Ft] Opposition Brk with Arms Twice Trning to L Hnd Star} Footwork same for both Swiveling sharply ¼ RF on weighted L ft step bk R to fc ptr and extend both arms to the sd, rec L trning ¼ to fc ptr, sd R/cl L, sd R; Swiveling sharply ¼ LF on weighted R ft step bk L to fc ptr and extend both arms to the sd, rec R trning ¼ to fc ptr, sd L/cl R, sd L trning ¼ RF to L hnd star Man fcg RLOD (Lady fcg LOD);
13-14	{[Dropping Hnds] Solo Ronde Cha Box to L Hnd Star} Footwork same for both from L hnd star drop hnds and moving around ptr Ronde R in bk of L stepping on R, sd L, fwd R/lk L in bk of R, fwd R; ronde L in front of R stepping on L, sd R, bk L/lk R in front of L, bk L to momentary L hnd star;
15	{Both Bk Basic} Man fcg RLOD and Lady fcg LOD Both bk [apart] R, rec L, fwd R/cl L, fwd R;
16	{Spot Trn Man Transition [4] BFLY} Fwd L twd RLOD trning ½ RF, rec R trning ¼ RF to fc ptr, sd L, rec R to BFLY WALL; (Step fwd L twd LOD trning ½ RF, rec R trning ¼ RF to fc ptr, sd L/cl R, sd L to BFLY;)

PART B (8 Measures)	
1-8	BASIC TO HND SHK;; FLIRT LADY TRANSITION WITH CL;; [L FT] PARALLEL CHASE;; TO A LF LARIAT LADY TRANSITION CPW;;
1-2	{Basic to Hnd Shk} In BFLY Fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R changing to R hnds;
3-4	{Flirt Lady Transition with Cl} Maintaining R hnds Fwd L, rec R, sd L/cl R, sd L to VARS; bk R, rec L, sd R/cl L, sd R to L VARS fcg WALL; (Bk R, rec L trning LF, cont trn to VARS sd R/cl L, sd R; bk L, rec R, sd L, cl R moving to her L in front of the man to L VARS;)
5-6	{[L Ft] Parallel Chase} Footwork is the same for both Sd L trning RF, rec fwd R trning RF, fwd L/lk R, fwd L; sd R trning LF, rec fwd L trning LF, fwd R/lk L, fwd R;
7-8	{To a LF Lariat Lady Transition to CPW} Holding both hnds throughout lead ptr to LF Lariat Sd L, rec R, in pl L/R, L; in pl R, rec L in pl R/L, R chg hnds to CPW; (Moving around Man CCW Fwd L, fwd R, fwd L/lk R in bk, fwd L; fwd R, fwd L, sd and fwd R to fc ptr, sd L to CPW;)

PART C (8 Measures)	
1-8	CROSS BODY TO LOD WITH FWD TRIPLE CHA ENDING;;; RK FWD REC TO BK TRIPLE CHAS;; WITH HOCKEY STICK ENDING BFLY [DRW]; SHLDR TO SHLDR WITH TAPS 2X;;
1-3	{Cross Body to LOD with Fwd Triple Cha Ending} In CPW Fwd L, rec R trning LF, [foot turned about ¼ trn body trned 1/8 trn] sd L/cl R, sd L; bk R beh L continue LF trn to fc LOD, rec L, with R sd fwd in CP fwd R/lk L in bk, fwd R; with L sd fwd in CP fwd L/lk R in bk, fwd L, with R sd fwd in CP fwd R/lk L in bk, fwd R; (Bk R, rec L, fwd R/cl L, fwd R twd ptr staying on R sd ending in an L-shaped Position; fwd L comm to trn ¼ LF, fwd R comp ¼ LF trn to fc ptr and RLOD in CP, bk L/lk R in front, bk L; bk R/lk L in front, bk R, bk L/lk R in front, bk L;)
4-5	{Rk Fwd Rec to Bk Triple Chas} With L sd fwd Rk fwd L, rec bk R rotating to R sd fwd, bk L/lk R in front, bk L; with L sd fwd bk R/lk L in front, bk R, with R sd fwd bk L/lk R in front, bk L;
6	{With Hockey Stick Ending [DRW]} Small bk and sd R trning to fc WALL leading Lady to pass in front, cl L, fwd R/lk L behind, fwd R ending DRW in BFLY; (Fwd L passing ptr, fwd R trning LF to fc ptr, bk L/lk R in front, bk L on diag;)
7-8	{Shldr to Shldr with Taps 2X} Repeat Introduction measures 3-4

INTERLUDE (4 MEASURES)	
1-4	NY; HND TO HND; NY; HND TO HND LADY OUTSD ROLL BFLY;
1-4	Repeat Introduction measures 5-8

REPEAT PART A⁹⁻¹⁶ (8 Measures)	
REPEAT PART B (8 Measures)	

C^{MOD} (8 Measures)

1-8		CROSS BODY TO LOD WITH FWD TRIPLE CHA ENDING;;; RK FWD REC TO BK TRIPLE CHAS;; WITH HOCKEY STICK ENDING BFLY[DRW]; SHLDR TO SHLDR WITH TAP; SHLDR TO SHLDR IN 4 [THINK RUMBA];
	1-7	Repeat Part C measures 1-6;;; ;;;
	8	{Shldr to Shldr in 4 [Think Rumba]} Fwd R to BFLY BJO, rec L to fc, sd R, rec sd L; [Think RUMBA]

PART D (9 Measures)

1-9		TO LOD THRU SERPIENTE;; RUMBA FNC LN; FNC LN IN 4; TO RLOD THRU SERPIENTE;; RUMBA FNC LN; FNC LN IN 4; SPOT TRN WITH CHA TO CPW;
	1-2	{To LOD Thru Serpiente} In BFLY WALL moving twd LOD Thru R, sd L, beh R, fan L ft CCW; beh L, sd R, thru L, fan R ft CCW to fc WALL BFLY;
	3	{Rumba Fnc Ln} Cross lunge thru R with bent knee looking to LOD, rec L trning to fc ptr, sd R, -;
	4	{Fnc Ln in 4} Cross lunge thru L with bent knee looking to RLOD, rec R trning to fc ptr, sd L, rec sd R;
	5-6	{To RLOD Thru Serpiente} In BFLY WALL moving twd RLOD Thru L, sd R, beh L, fan R ft CW; beh R, sd L, thru R, fan L ft CW to fc WALL BFLY;
	7	{Rumba Fnc Ln} Cross lunge thru L with bent knee looking to RLOD, rec R trning to fc ptr, sd L, -;
	8	{Fnc Ln in 4} Cross lunge thru R with bent knee looking to LOD, rec L trning to fc ptr, sd R, rec sd L;
	9	{Spot Trn with Cha to CPW} Swiveling $\frac{1}{4}$ on ball of L ft step fwd R trning $\frac{1}{2}$, rec L trning $\frac{1}{4}$ to fc ptr in CPW, sd R/cl L, sd R;

REPEAT PART C (8 Measures)**END (1 Measure)**

1		APT PT AND HOLD;.
	1	{Apt Pt} Apt L, -, pt R twd ptr, -;.

I Am Free – Quick Cues

BFLY fcg WALL / Lead ft are free / Wait 2 meas

Intro: WAIT; WAIT; SHLDR TO SHDLR WITH TAPS 2X;;

NY; HND TO HND; NY; HND TO HND LADY OUTSD ROLL;

A: SHLDR TO SHLDR; AIDA; SWITCH CROSS; TO RLOD CRAB WK ENDING;
REV UNDERARM TRN; CRAB WKS [LOD];; FNC LN;
½ BASIC; SPOT TRN MAN TRANSITION [4] TCH R HNDS;
[R FT] OPPOSITION BRK WITH ARMS TWICE TRNING TO L HND STAR;
SOLO RONDE CHA BOX;; BOTH BK BASIC; SPOT TRN MAN TRANSITION [4] BFLY;

B: BASIC TO HND SHK;; FLIRT LADY TRANSITION WITH CL;;
[L FT] PARALLEL CHASE;; TO A LF LARIAT LADY TRANSITION CPW;;

C: CROSS BODY TO LOD WITH FWD TRIPLE CHA ENDING;;;
RK FWD REC TO BK TRIPLE CHAS;; WITH HOCKEY STICK ENDING BFLY [DRW];
SHLDR TO SHLDR WITH TAPS 2X;;

Int: NY; HND TO HND; NY; HND TO HND LADY OUTSIDE ROLL BFLY;

A⁽⁹⁻¹⁶⁾: ½ BASIC; SPOT TRN MAN TRANSITION [4] TCH R HNDS;
[R FT] OPPOSITION BRK WITH ARMS TWICE TRNING TO L HND STAR;
SOLO RONDE CHA BOX;; BOTH BK BASIC; SPOT TRN MAN TRANSITION [4] BFLY;

B: BASIC TO HND SHK;; FLIRT LADY TRANSITION WITH CL;;
[L FT] PARALLEL CHASE;; TO A LF LARIAT LADY TRANSITION CPW;;

C^{mod}: CROSS BODY TO LOD WITH FWD TRIPLE CHA ENDING;;;
RK FWD REC TO BK TRIPLE CHAS;; WITH HOCKEY STICK ENDING BFLY[DRW];
SHLDR TO SHLDR WITH TAP; SHLDR TO SHLDR IN 4 [THINK RUMBA];

D: TO LOD THRU SERPIENTE;; RUMBA FNC LN; FNC LN IN 4;
TO RLOD THRU SERPIENTE;; RUMBA FNC LN; FNC LN IN 4;
SPOT TRN WITH CHA TO CPW;

C: CROSS BODY TO LOD WITH FWD TRIPLE CHA ENDING;;;
RK FWD REC TO BK TRIPLE CHAS;; WITH HOCKEY STICK ENDING BFLY [DRW];
SHLDR TO SHLDR WITH TAPS 2X;;

End: APT PT & HOLD;.