

Lido Shuffle

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 SONG: Lido Shuffle – Boz Scaggs “Silk Degrees”, track 9; fadeout at 2:35-2:38; Slow to Suit Recommend 10%
 RHYTHM: Jive Phase V+1 (Rolling off Arm)
 SEQUENCE: Intro, A, B, C, B, C(1-19)

INTRO

1-4 WAIT IN OP/LOD LD FT FREE; ; STEP KICK 2X; STEP KICK STEP TCH TO FACE;
 1-2 OP/LOD lead foot free wait two measures; ;
 1313 3-4 fwd L to LOD, kick R, fwd R, kick L; fwd L, kick R, fwd R fc prtr, tch L; BFLY/WALL

PART A

1-4 CHASSE L & R TO CP; FALLAWAY THROWAWAY – CHANGE HNDS BEHIND BACK;;;
 1a23a4 1 **chasse L & R** blend to CP/WALL sd L/cl R, cl L, sd R/cl L, cl R; CP/WALL
 123a41a2 2-3.2 **fallaway throwaway** rotate to SCP bk L, rec R, fwd L/cl R, cl L leading W in front to LOD, sd R/cl L, cl R (W sd R/cl L, sd R trn LF to fc M, sd L/cl R, cl L); LOPFCG/LOD
 341a23a4 3.3-4 **change behind bk** bk L, rec R to RHnds; fwd L/cl R trn LF, cl L changing to ld hnds behind M's back cont LF trn, sd R/cl L, cl R (W bk R, rec L; fwd R rotate LF/cl L, cl R, sd L/cl R, cl L); LOPFCG/LOD
5-8 TRIPLE WHEEL FC WALL - RK REC;;; SLO SD BREAKS;
 123a41a2 5-7.2 **triple wheel 3** join Rhnds bk L, rec R, trn RF sd L/cl R cl L start LF trn (W RF); sd R/cl L, cl R start RF trn (W LF) sd L/cl R cl L fc WALL (W sd R/cl L, cl R spin RF); sd R/cl L, cl R join ld hnds;
 3a41a2 7.3-7.4 **rk rec** bk L, rec R release hnds;
 34 8 **side breaks** sd L/sd R, -, cl L/cl R, - ;
 1a3a

PART B (20 MEAS)

1-4 R HNDS TRADE PLACES 2X; W INSIDE TRN TO TANDEM; CATAPULT – R HANDS ROLLING OFF ARM;
 123a4 1 **trade places** join Rhnds bk L, rec R, fwd L trn RF release hnds/cl R, sd L join Lhnds (W bk R, rec L, fwd R trn LF/cl L, sd R)
 123a4 2 **W inside trn to tandem** bk R, rec L, raise Lhnds across W's face fwd R/cl L lead W to trn RF, cl R (W bk L, rec R, fwd L trn RF under joined left hnds/cl R, cl L); tandem/COH
 123a41a2 3-4.2 **catapult** fwd L, rec R, bk L lead W to pass on Lside/cl R, cl L; sd R/cl L, cl R (W bk R, rec L, fwd R trn RF/cl L, cl R spin RF; sd L/cl R, cl L)
 34 4.3-4.4 **rolling off arm** join Rhnds bk L, rec R;
5-8 WITH WHEEL 4; FC COH; LINK RK COH - JIVE WALKS;;
 1a234123a4 5-6 **rolling off arm w/wheel 4 cont** start RF trn to shdw fwd L/cl R, fwd L, fwd R, fwd L; fwd R, fwd L fc COH, sd R/cl L, cl R (W trn LF sd R/cl L, cl R, rotate RF bk L, bk R; bk L, bk R spin RF, sd L/cl R, cl L); join ld hnds LOPFCG/COH
 123a41a2 7-8.2 **link rk** bk L, rec R, sd L to CP/cl R, cl L; sd R/cl L, cl R CP/COH
 34 8.3-8.4 **jive walks** rotate LF to SCP bk L, rec R;
9-12 FIN JIVE WALKS; SWIVEL 4; RIGHT TURNING FALLAWAY W/ GLIDE TO SIDE – RK APART REC;BFLY ;
 1a23a4 9 **jive walks** fwd L/cl R, cl L, fwd R/ cl L, cl R; SCP/ROD
 1234 10 **swivel 4** fwd L, fwd R, fwd L, fwd R; SCP/ROD
 1a2341a2 11-12.2 **right turning fallaway glide to slide** start RF trn sd L/cl R, sd L release trailing hold, sd R, xLif; sd R/cl L, cl R,
 34 12.3-12.4 **rk rec** bk L, rec R; BFLY/WALL
13-16 TRAVELLING SAND STEP 3; X SD X; TRAVELING SAND STEP 3; X SD X;
 134234 13-14 **travelling sand step; x sd x** place L toe in, -, sd L, heel R out; -, xRif, sd L, xRif; BFLY/WALL
 134234 15-16 **travelling sand step; x sd x** place L toe in, -, sd L, heel R out; -, xRif, sd L, xRif; BFLY/WALL
17-20 CHASSE ROLL - CHASSE ROLL TWO TRIPLES;;TO RHNDS; CONTINUOUS CHASSE TO RHNDS;
 1a23a41a2 17-18.2 **chasse roll** sd L/cl R, sd L trn RF fc COH, sd R/cl L, sd R trn RF fc WALL; sd L/cl R, sd L to L1/2op/ROD
 341a23a4 18.3-19 **chasse roll 2 triples** L1/2OP bk R, rec L; sd R/cl L, sd R trn LF fc COH, sd L/cl R, sd L trn LF fc WALL join Rhnds;
 1a2a3a4 20 **continuous chasse** with low rhnds allow W to be well to rside sd R/cl L, sd R/cl L, sd R/cl L, sd R/cl L join Rhnds; RHND/ROD

PART C (21 MEAS)

1-4 TRIPLE WHEEL FC WALL – MIAMI SPECIAL;;;
 1-3.2 repeat A 5-7.2 join Rhnds
 341a23a4 3.3-4 **miami special** bk L, rec R; trn RF sd L trn W LF under Rhnds/cl R, cl L loop Rarm over head release hnds, sd R/cl L, cl R join ld hnds (W bk R, rec R, trn LF sd R/cl L, cl R; sd L move R hnd down M's Larm/cl R, cl L); LOPVEE/LOD
5-8 HEEL CLOSE X & SLIDE; 2X; (HEEL CL X) PASSING AMERICAN SPIN (M OPT SPIN) - PRETZEL;;
 a23a4 1 **heel close X & slide** heel L/cl L, xRif passing behind W, sd L/cl R, sd L join trail hnds; OPVEE/LOD
 a23a4 2 **heel close X & slide** heel R/cl R, xLif passing behind W, sd R/cl L, sd R join ld hnds; LOPVEE/LOD
 a23a41a2 3 **passing american spin** heel L/cl L, xRif, join Rhnds sd L passing Rside/cl R, cl L *m opt spin LF* (W heel R/cl R, xLif, turn RF to M fwd R/cl L, cl R spin RF); sd R/cl L, cl R fc prtr join ld hnds LOPFCG/WALL
 34 4 **pretzel** bk L, rec R; LOPFCG/WALL

9-12 CONT PRETZEL; RK FWD AND BACK; FC FOR ANOTHER PRETZEL; RK FWD AND BK;
 1a23a4 5 moving to LOD sd L/cl R, sd L trn ½ RF, sd R/cl L, sd R look to LOD;
 1234 6 **rk fwd & bk** xLif, rec R, sd&bk L, rec R join tring hnds start RF trn;
 1a23a4 7 **face for another pretzel** release ld hnds bringing tring hnds down and to the side trn RF to fc ptrn joining ld hnds low
 1234 8 release trail hnds moving to LOD sd L/cl R, sd L trn ½ RF, sd R/cl L, sd R look to LOD;
13-16 FC FOR TRAVELING SAND STEP 3; X SD X; TRAVELING SAND STEP 3; X SD X;
 1-4 trn RF to BFLY/WALL repeat B 13-16

17-21 QUICK RK SD REC CROSS; DISHRAG UNWIND; APART; TOG NO HANDS; SLOW SIDE BREAKS;
 123 17 **qk rk sd rec cross** sd L, rec R, xLif, raise trailing hnds-;
 3 18 **dishrag unwind** rotate RF (W LF) under trailing hnds, cont rotation lower trailing hnds raise ld hnds, loop ld hnds over
 1 19 heads transfer weight to trail ft, cont rotation to BFLY;
 1 20 **apart** on words "the road" release ld hnds bk L, -, -, -;
 1a3a 21 **together** rec R, -, -, release hnds;
 21 **side breaks** sd L/sd R, -, cl L/cl R, - ;

PART B (20 MEAS)

1-4 R HNDS TRADE PLACES 2X; WITH INSIDE TRN TO TANDEM; CATAPULT - R HANDS ROLLING OFF ARM;
5-8 WITH WHEEL 4;; LINK RK COH - JIVE WALKS;;
9-12 FIN JIVE WALKS; SWIVEL 4; RIGHT TURNING FALLAWAY W/ GLIDE TO SIDE - RK APART REC;BFLY ;
13-16 TRAVELLING SAND STEP 3; X SD X; TRAVELING SAND STEP 3; X SD X;
17-20 CHASSE ROLL - CHASSE ROLL TWO TRIPLES;;; CONTINUOUS CHASSE TO RHNDS;

PART C (1-19)

1-4 TRIPLE WHEEL FC WALL - MIAMI SPECIAL;;;;
5-8 HEEL CLOSE X & SLIDE; 2X; PASSING AMERICAN SPIN (M OPT SPIN) - PRETZEL;;
9-12 CONT PRETZEL; RK FWD AND BACK; FC FOR ANOTHER PRETZEL; RK FWD AND BK;
13-16 FC FOR TRAVELING SAND STEP 3; X SD X; TRAVELING SAND STEP 3; X SD X;
17-19 QUICK RK SD REC CROSS; DISHRAG UNWIND; APART;