

## SHAPE OF YOU

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858-822-9981  
With Yelena Babyuk  
\$1.29 Download Amazon  
CD: Divide Deluxe, Track 4  
Samba Ph V +3 UnPh  
Backward Rock, Promenade Runs, Cont Chasse Rev Trn  
INTRO, A, B, C, D, A, B, C, D, END

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Dance Starz Arizona  
Shape of You, by Ed Sheeran  
Cut music at 2:50.289 on Audacity  
Written in 4/4 timing for ease of interpretation  
Released 10/26/19

### INTRO

#### **1-4 WAIT;; SAMBA WHISKS; UNDERARM WHISK,, WHISK,;**

- 1-2 **{Wait}** Wait 2 meas in CP fc wall lead ft free;;  
1a23a4 3-4 **{Samba Whisks}** Sd L/XRIB of L, recov in pl L, sd R/XLIB of  
1a23a4 R, recov in pl R; **{Underarm Whisk}** Sd L lift join lead  
hnds/XRIB of L, recov in pl L (**W trn RF sd & fwd R to LOD  
start RF underarm trn/ fwd L strong RF trn ¾ fc ptr, XRIF of L**)  
end CP wall, **{Whisk}** Sd R/XLIB of R, recov in pl R;

### PART A

#### **1-4 FULL BASIC TRN TO SCAR DW; 2 TRAVELING BOTA FOGOS; CONT CHASSE REV TRN SCAR; 2 BK TRAVELING BOTA FOGOS;**

1a23a4 1-2 **{Full Basic Trn to SCAR DW}** Fwd L/ cl R, in pl L, bk R trning  
1a23a4 1/8 LF to fc DW/ small sd L, trn body slgt LF cl R SCAR (**W fwd  
L trning 1/8 LF/ sd R, cl L end SCAR**); **{2 Traveling Bota  
Fogos}** Fwd L/ sd & fwd R on inside edge of toe trn ¼ LF, recov  
L to BJO DC, fwd R in BJO/ sd & fwd L on inside edge of toe trn  
¼ RF, recov R SCAR DW;  
1a2a3a4 3-4 **{Cont Chasse Rev Trn SCAR}** Fwd L start LF trn/ sd R cont trn  
1a23a4 softly thruout the fig to end DRC SCAR, cl L to R/ sd R, cl L to  
R/ sd R, cl L to R (**W takes smaller steps**);  
**{2 Bk Traveling Bota Fogos}** Bk R in SCAR/ sd & bk L on  
inside edge of toe trn ¼ LF, recov R to BJO, bk L in BJO/ sd &  
bk R on inside edge of toe trn ¼ RF, recov L to SCAR DRC;  
**5-8 BK CONT CHASSE REV TRN SCAR; 2 TRAVELING BOTA FOGOS; 3  
BOTA FOGOS SEMI,, REV SEMI,; SEMI,, THRU FC CL DW,;**  
1a2a3a4 5-6 **{Bk Cont Chasse Rev Trn SCAR}** Bk R start LF trn/ sd L cont  
1a23a4 trn softly thruout the fig end fc DW SCAR, cl R to L/ sd L, cl R  
to L/ sd L, cl R to L M takes smaller steps; **{2 Traveling Bota  
Fogos}** Repeat meas 2 part A;  
1a23a4 7-8 **{3 Bota Fogos Semi}** Fwd L in SCAR/ with LF body trn sd R on  
1a23a4 inside edge of toe trn to SCP DC, in place L in SCP DC, **{Rev  
Semi}** Fwd R in SCP/ trning RF sd L on inside edge of toe trn to

RSCP to paso doble armhold DRW, in pl R fc DRW; **{Semi}** Fwd L in RSCP/ trning LF sd R on inside edge of toe trn to SCP DC, in pl L in SCP LOD, **{Thru Fc Cl DW}** Fwd R in SCP DC/ trning body RF to fc W in CP small sd L, cl R to L fc DW (**W fwd L/ trning body LF to fc M to CP small sd R, cl L**);

### PART B

#### **1-4 REV TRN 3 & BACKWARD RK LEAD HNDS JOINED;; PLAIT TWICE;;**

- 1a23a4 1-2 **{Rev Trn 3}** Trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R CP DRC, trn LF bk R LOD/ cont LF trn sd L, cl R CP DW (**W trn LF bk R LOD /cont LF trn sd L, cl R, trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R**); cont LF trn fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R CP DRC (**W trn LF bk R LOD/ cont LF trn sd L, cl R**), **{Backward Rk Lead Hnds Joined}** Swvl LF rk bk R LOD bring W twd M, trning LF to DRW recov L allow W to move away still in CP/ in pl R to lead hnds joined;
- 123&4 3-4 **{Plait Twice}** Trning RF bk L to LOD, bk R, bk L/ bk R, bk L; bk R, bk L, bk R/ bk L, bk R bring W closer to you (**W swvl RF on L ¼ fwd R, swvl LF on R ¼ fwd L, cont swvl walks R/ L, R; L, R, L/ R, L**); NOTE: Lead hnds joined with pressure in to each other. There is no bounce or leaning back. Man's footwork is ball flat delaying full wgt chg like merengue. **Woman's footwork is ball of foot only. Woman's moving foot should pass supporting swiveling foot on each step.**

#### **5-8 BACKWARD RK TO CP DRC & BK REV TRN 3 FC WALL;; WHISK & PROMENADE RUNS HALF OPEN; HALF LEFT OPEN,, HALF OPEN;**

- 12&3a4 5-6 **{Backward Rk to CP DRC & Bk Rev Trn 3 Fc Wall}** Trning RF rk bk L to CP, recov R to fc DRC/ in pl L, trn LF bk R LOD/ cont LF trn sd L, cl R CP DW (**W trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R**); Trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R CP DRC, trn LF bk R LOD/ cont LF trn sd L, cl R CP wall (**W trn LF bk R LOD/ cont LF trn sd L, cl R, trn LF fwd L LOD/ cont LF trn sd R, cl L to R**);
- 1a23&4 7-8 **{Whisk & Promenade Runs Half OP Half LOP Half OP}** Sd L/ XRIB of L, recov in pl L, sd R on ball of ft/ recov L to SCP, fwd R to ½ OP; XIF of W fwd & slgt sd L on ball of ft trning RF/ sd R, fwd L in ½ LOP (**W fwd R on ball of ft/ fwd & sd L in ½ LOP, fwd R**), fwd R on ball of ft/ sd & fwd L in ½ OP, fwd R in ½ OP (**W XIF of M fwd & slgt sd L on ball of ft trning RF/ sd R trning to ½ OP, fwd L in ½ OP**);

PART C**1-4 SEMI 3 SAMBA WALKS;,, KICK BALL CHG (W BOTA FOGO BJO);,; CONTRA BOTA FOGOS TWICE; ROUNDABOUT;**

1a23a4 1-2 {Semi 3 Samba Walks} Blend SCP fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches flat foot, fwd R/ place L bk on inside edge of toe, pull R bk twd L about 3 inches flat foot; Fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches, {Kick Ball Chg W Bota Fogo BJO} Small kick fwd R/ pl R ft bk on inside edge of ft, recov in pl L end in paso doble arm hold (W fwd L/ fwd & sd R inside edge of toe trn LF, recov L to BJO);

1a23a4 3-4 {Contra Bota Fogos Twice} Maintain paso doble arm hold both fwd R outside ptr/ sd & bk L on inside edge of toe trn ¼ RF, recov R in pl to SCAR DRW, both fwd L outside ptr/ sd & bk R on inside edge of toe trn ¼ LF, rec L in pl to BJO DW;  
 1a2a3a4 {Roundabout} Maintain paso doble arm hold both revolving arnd a central core CW XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L on inside edge of toe trn slgt RF, recov R in pl to SCAR figure makes btwn ½ & 1 rev;

**5-8 CONTRA BOTA FOGOS TWICE; ROUNDABOUT; KICK BALL CHG (W BOTA FOGO SCP),, SAMBA WALK;, SAMBA WALK,, SD SAMBA WALK,;**

1a23a4 5-6 {Contra Bota Fogos Twice} Maintain paso doble arm hold both fwd L outside ptr/ sd & bk R on inside edge of toe trn ¼ LF, recov L in pl to BJO DW, both fwd R outside ptr/ sd & bk L on inside edge of toe trn ¼ RF, recov R in pl to SCAR DRW;  
 1a2a3a4 {Roundabout} Both revolving arnd a central core CCW XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R on inside edge of toe trn slgt LF, recov L in pl to BJO figure makes btwn ½ & 1 rev fc DW;

-a23a4 7-8 {Kick Ball Chg W Bota Fogo SCP} Small kick fwd R/ pl R ft bk on inside edge of toe, recov in pl L SCP (W fwd R outside ptr/ fwd & sd L on inside edge of toe trn RF, recov R to SCP),  
 1a23a4 {Samba Walks} Fwd R/ place L bk on inside edge of toe, pull R bk twd L about 3 inches flat foot; fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches flat foot, {Sd Samba Walk} Fwd R/ sd L on inside edge of toe, pull R twd L about 3 inches flat foot end lead hnds joined;

PART D**1-4 CRISS CROSS VOLTA; SHADOW BOTA FOGOS; CRISS CROSS VOLTA; SHADOW BOTA FOGOS;**

1a2a3a4 1-2 {Criss Cross Volta} XIB of W & curve LF to fc COH as dance volta footwork (W under lead hnds) XLIF of R/ sd R, XLIF of R/

sd R, XLIF of R/ sd R, XLIF of R; **{Shadow Bota Fogos}** Fwd R XIB of W (**W under lead hnds**)/ sd & fwd L on inside edge of toe trn ¼ RF, recov R, fwd L XIB of W (**W under lead hnds**)/ sd & fwd R on inside edge of toe trn ¼ LF, recov L;

1a2a3a4      3-4      **{Criss Cross Volta}** XIB of W & curve RF to fc wall as dance  
1a23a4      volta footwork (**W under lead hnds**) XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L; **{Shadow Bota Fogos}** Fwd L XIB of W (**W under lead hnds**)/ sd & fwd R on inside edge of toe trn ¼ LF, recov L, fwd R XIB of W (**W under lead hnds**)/ sd & fwd L on inside edge of toe trn ¼ RF, recov R;

**5-8      MAYPOLE TWICE;; SAMBA WHISKS; UNDERARM WHISK,.**  
**WHISK,;**

1a2a3a4      5-6      **{Maypole Twice}** Dance a circular volta arnd W circling LF ½  
1a2a3a4      while (**W dances a spot volta RF 1 & ½ under the joined lead hnds**) to end fc ptr & COH XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R (**W XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L**); Do the maypole in the opposite direction still under the joined lead hnds to end fc ptr & wall XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L (**W XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R**);

1a23a4      7-8      **{Samba Whisks}** Blend to CP repeat intro meas 3; **{Underarm Whisk}** **{Whisk}** Repeat intro meas 4;

**REPEAT A, B, C, D**

**ENDING**

**1      SD TO LADY LEG CRAWL.**

a1      1      **{Sd to Lady Leg Crawl}** On the a ct sd L/ trn body sharply LF to cause W to leg crawl (**W fwd & sd R coming into M/ trn body sharply LF & lift L leg up the outside of M's R leg**),